

BULLETIN

of the
MAHONING COUNTY
MEDICAL SOCIETY

Volume LIII

SEPTEMBER, 1983

Number 6

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11. Premiums to surplus ratio of less than 2-1	YES	_____
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1983 - MAHONING COUNTY MEDICAL SOCIETY MEETINGS - 1983

Tuesday	Tuesday	Tuesday	Tuesday	Tuesday	Tuesday
Jan. 18	Mar. 15	May 17	Sept. 20	Nov. 15	Dec. 20

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From the Desk of the President



Fall is approaching. The Summer nights have become distinctly cooler. The second summer quarter is half completed for NEOUCOM students at Y. S. U. No summer vacation!

As I paternally watch my college-age children spending many late nights and early pre-dawn hours, even total weekend days and evenings at study, I am impressed over and over again with how much devotion, determination, ambition and ability is required in the pursuit of a medical career. Often I am embarrassed that I'm not up as early or burning the midnight oil as late as my children who are tilting with genetics, calculus, organic and other subjects whose names alone make my stomach turn. The formal education of physicians is being critically re-evaluated; recent questions posed about the appropriateness of some aspects of training are interesting and thought provoking.

DeWitt Stetten Jr., M.D., Ph.D, in an article "Tomorrow's Physician" comments "medicine and medical practice rests upon a tripod, the three legs of which are magic, compassion, and science" It is Dr. Stetten's conviction that too much emphasis today is placed on the scientific aspect in pre-medical and medical curricula, with scarce little time devoted to either the magic - the ancient and least understood aspect - or compassion - an aspect highly valued and sought after when one chooses a personal physician.

Dr. Stetten notes since the age of the computer is at hand - an invention of immense resource memory and reference potential - this tool might put back into proper perspective the overemphasis on memorizing all the minutiae of the various scientific sub-disciplines and might allow the devoting of more time to the development of a broader based education for physicians. The result, he hopes, would be a physician as much a humanitarian as a scientist; one with a better knowledge of the history and art of practicing medicine; one with a better appreciation of life itself; physicians who "know the position they occupy in the coordinates of time and space."

Toward that end, it is suggested the baccalaureate training be a time for less science and more art, music, history, philosophy, and literature; that medical school admissions panels seek out those students who have more enriched and varied course backgrounds; that humanitarian traditions of medical practice be accentuated to remind the future physician of the breadth of his responsibility to his fellow men."

It is certainly the wish of all of us that future physicians will not degenerate into mere operators of computer terminals; that they will

(Continued on Page 153)



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The opinions and conclusions expressed herein do not necessarily represent the views of the Editorial staff nor the official views of the Mahoning County Medical Society.

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Editorial

GOOD FRIENDS AND GOOD NEIGHBORS

Every once in a while there comes an individual who fits into a situation and meets it well. Such a one is Bob Wiltsie.

Bob served Youngstown as a professional, a community leader, an administrator, a friend, and a native good neighbor. So many folks came to depend upon him for so many things that he endangered his health — missed vacations, missed meals, took extra coffee, smoked extra cigarettes. We all borrowed or stole precious hours from him which he could have spent with Carol and their children.

Bob's office was open to anyone who had a problem. His ears had a large capacity to shelter the problems of others. The phone was an immediate entry into his busy world. And, his closed door was no barrier to one who needed his advice. The word *no* appeared alien to his vocabulary.

His hearty laugh and his endless fund of stories relaxed and entertained all who met with him. It was the rare person or situation which made him lose his cool. He was a gentleman in every sense of the word.

The respect the community had for Bob was evidenced by two large banquet receptions, attended by folks from all walks of life.

Bob, with his wonderful wife and helpmate, Carol, has made a change to another community — Cleveland's gain and our loss.

Our prayers, good wishes, and heartfelt thanks go with Bob and Carol in their new assignment. We shall miss them tremendously, but we shall know that our lives were touched by two truly exceptional people.

Richard W. Juvancic, M.D.

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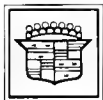
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From the Desk of the President

(Continued from Page 150)

recall they are representatives of an ancient and honorable learned professions; that they are able to synthesize all the information pertaining to a patient's care, psychological and emotional as well as physical. The scientific parameters - lab print-out, CAT-scan data, Doppler ultrasound measurements - must be made subservient to viewing the patient wholistically and humanely

Dr. Stetten wants new physicians to recognize how they relate to what has gone on before, and how their actions will impact upon what is to come. He wants them to recognize the fabric of tradition in medicine and the obligations on the part of all of us to keep the tradition alive.

With suggestions such as these from medical educators, the future of American medicine could be bright and promising indeed.

P. J. Mahar, Jr., M.D.

HAPPY BIRTHDAY

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Sept. 16 M. Al-Salti N. J. Garritano	Sept. 23 M. Halmos P. R. Lakhani	Oct. 5 B. Katz
Sept. 17 J. Dentscheff	Sept. 26 E. A. Massullo	Oct. 8 T. R. Cubbison
Sept. 18 J. A. Renner M. C. Galose	Sept. 27 G. J. Baumblatt J. S. Saint-Julien R. J. Scheetz	Oct. 10 G. A. Mihok D. S. Starr
Sept. 19 D. Malta	Sept. 29 D. H. Levy C. S. Ko	Oct. 11 S. K. Bal H. S. Ellison R. J. Solyn
Sept. 20 H. S. Hwang Wm. Moskalik	Oct. 1 K. Iqbal	Oct. 12 B. I. Firestone A. Garcia
Sept. 21 R. G. Warnock	Oct. 2 W. L. Crawford	Oct. 14 G. R. Barton D. A. Hoffman J. H. Smith
Sept. 22 T. E. Ragland	Oct. 4 G. Delfs	

AUXILIARY HOSTS MASQUERADE BALL

The Mahoning County Medical Auxiliary has set October 29 as the date for its Masquerade Ball at Squaw Creek Country Club.

The event starts at 7 p.m. with cocktails and dinner is scheduled for 8 p.m. Following the dinner, at 9 p.m., there will be dancing to the music of the Top Notes. Persons attending the event are requested to wear a costume, in keeping with the masquerade theme.

Ticket price is \$30.00 per person and friends of members are welcome to attend. Reservations should be made early by calling Linda Aouad at 758-1763 or 799-1431. Chairman for the event is Renee Bitonte.



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PROCEEDINGS OF COUNCIL

June 14, 1983

The regular meeting of the Council of the Mahoning County Medical Society was held Tuesday, June 14, 1983 at the Youngstown Club.

The meeting was called to order by vice-president Glenn J. Baumblatt at 7:38 p.m. The minutes of the May 10 meeting having been read, were approved.

The bill list was read and a motion made, seconded and passed to pay each bill.

The following applications were presented by the censors:

ASSOCIATE: James F. Ervin, M.D.
Catherine E. Molloy, D.O.
Jeffrey D. Resch, D.O.

The applications were approved. The applicants will become members of the Mahoning County Medical Society in the voted category 15 days after publication of the names in the *Bulletin* unless objection is filed in writing with the executive director before that time.

It was reported that receipts from the recent solicitation for funds for the Foundation total \$850.00 to date. It was suggested that members make contributions to the Foundation when wishing to express sympathy at the death of a member or friend. It was suggested a copy of the letter that is sent to the next of kin be mailed to the membership. It was reported the Foundation selection committee will meet July 19 to select loan recipients for 1983.

Dr. Sovik reported on legislation pending in Columbus that would broaden the areas of involvement in medicine of nurses and midwives. A motion was made, seconded and passed to send a letter to J. Thompson, chairman of the Health and Retirement Committee, vigorously opposing and changes in the law and supporting retention of the current status because the individuals involved are not trained for the independent practice of medicine.

In the matter of degree designations, it was suggested that persons lodging protest must do it in writing and send it to the society office.

Following a discussion of possible membership application changes, a motion was made, seconded and passed to refer the proposal to the Constitution Committee for its study and recommendation.

The Council approved a motion to circulate a questionnaire to the membership to update information about each member to make the file information current.

A motion was made, seconded and passed to cancel the July and August meetings of the Council, subject to convening a meeting if it is deemed necessary.

Announcements included the next Council meeting set for September 13, 1983 and the next meeting of the Society to be an Old Fashioned Society Meeting at the Youngstown Maennerchor Club, September 20.

The Council was informed of the dire financial circumstances of the family of a recently deceased hospital resident-in-training and an inquiry was made as to the possibility of the Welfare Fund being used to provide some assistance. A motion was made, seconded and passed that the matter be referred to the censors, who administer the welfare fund, for their consideration.

The meeting adjourned at 8:49 p.m.

Robert B. Blake
Executive Director

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SET HEART SYMPOSIUM

"Perspectives in Cardiovascular Disease" is the title of the two day symposium Sept. 30 and Oct. 1 at the Avalon Inn, Warren. A faculty from nine states and Quebec will be headed by Dr. Sol Sherry of Temple University and Dr. S. E. Epstein of the National Heart, Lung and Blood Institute of the National Institutes of Health in Bethesda, Md.

Lecturing for the nurse faculty will be Rae Nadine Smith, R.N. of Los Angeles and Paula Vetter, R.N. of Lorain Community Hospital. Other experts are: Dr. Elliott M. Antman, Harvard Medical School; Dr. Barouh V. Berkovits, University of Massachusetts; Dr. Martial Bourassa, Montreal Heart Institute; Dr. Robert DiBianco, Georgetown University; Dr. Anthony N. DeMaria, Chandler Medical Center; Dr. Barry D. Fletcher, Case Western Reserve Univ. School of Medicine; Dr. Stanley Goldstein, NEUOCOM; Dr. Mark D. Jacobstein, Case Western Reserve Univ. School of Medicine; Dr. Peter R. Maroko, Deborah Cardiovascular Research Institute; Dr. Barry J. Maron, National Institutes of Health; Dr. Ali Massumi, Baylor College of Medicine; Dr. David A. Ott, University of Texas Medical School; Dr. Lair G. T. Ribeiro, Thomas Jefferson College of Medicine; Dr. Peter Rossi, New York Medical College; Dr. Peter Safar, Univ. of Pittsburgh Medical School; Dr. David H. Spodick, Univ. of Massachusetts Medical School; Dr. Jan A. Weber, University of Pennsylvania.

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CONFERENCE ON IMPAIRED IS SET

OSMA will sponsor the "Third Ohio Conference on the Impaired Physician" on October 15-16, 1983 at the Sheraton Inn North in Columbus.

Major emphasis will be directed to managing the stresses of medical education and newly-established practice, assisting the families of impaired physicians, and solving problems of rehabilitation, relicensure and re-entry to practice.

Also highlighting the two-day conference will be an audiovisual tribute to the late Perry R. Ayres, M.D., who served as chairman of the OSMA Physician Effectiveness Program from 1977 until his death in May, 1983.

Keynote speaker will be Joseph R. Cruse, M.D., Director, Betty Ford Alcoholism Treatment Center, Rancho Mirage, California.

Among others participating on the conference faculty are Corwin R. Smith, M.D., Cincinnati, who replaced Dr. Ayres as chairman of the OSMA Physician Effectiveness Program; Pamela Jelly, M.A., specialist in family counseling, Mt. Carmel Family Practice Center, Columbus; William J. Kennedy, M.D. of Newark, and Deirdre O'Connor, M.D. of Toledo, both specialists in the treatment of physicians with substance abuse problems, and several specialists in confrontation techniques from the Physician Effectiveness Program.

During the evening of October 15, a meeting of International Doctors in Alcoholics Anonymous will be open to all conference participants.

For additional program information and registration materials contact Physician Effectiveness Program, OSMA, 600 S. High St., Columbus, Ohio 43215.

GETTING YOUR ACT TOGETHER

Proper estate planning means both planning for enjoyment and conservation of your assets during your lifetime and for the care of loved ones after your death. As a prelude to planning, it is important that you consider now the chaos which might result from your premature death, and especially from the simultaneous deaths of you and your spouse. We assume you have a will and have established trusts. But what are your assets? Who can piece together the scattered assets you own? Who knows where to find vital documents relating to the estate? We suggest you gather the following documents and prepare a list showing where they are kept:

1. The last signed and witnessed executed copy of your will.
2. Birth certificates for yourself, your spouse, and for members of the immediate family. The certificates may be needed in settling life insurance and social security matters.
3. Adoption papers (yours and/or your children's).
4. Your marriage certificate, which may be necessary for social security benefits.
5. Divorce decrees, if any.
6. Citizenship papers, if you were not born in the United States.
7. Your military service serial number.
8. Your Veterans Administration claim number.
9. Your military discharge papers. They may be helpful in obtaining veteran's benefits.
10. Life insurance policies and annuities. Include motor club policies, travel insurance, etc.
11. Disability insurance policies and hospitalization policies.
12. Corporate benefits, including life insurance or retirement plans paid for you by a hospital, school or other organizations for which you have worked. Document benefits due to you.
13. Securities, with documentation of their costs. Begin to make a record of your basis for securities, including those you have acquired by gift or inheritance.
14. Bank accounts, including passbooks, certificates of deposit, money market funds, and foreign accounts as well as checking accounts.
15. Mortgages and titles for your residence and for other real estate you own. List notes receivable, including loans made to businesses and partnerships. Gather your evidence of ownership in businesses in which you have a partial interest.
16. Partnership agreements and certificates, including limited real estate partnerships.
17. Medical practice documents, including pension, profit sharing, Keogh and/or frozen Keogh plans as well as buy-sell agreements, salary continuation plans and other benefits due.
18. Country club memberships if any equity is involved.
19. Cemetery plots and written directions for your funeral.
20. Individual retirement arrangements and other retirement documents.
21. Trusts which you have established.
22. Trusts in which you are a beneficiary.
23. Membership in organizations which may provide benefits.
24. Income tax returns. This will provide your social security number and other information.
25. Prior gift tax returns, if any.
26. List the following: (a) church and clergyman; (b) significant personal articles; (c) current addresses of family members (including former spouses when appropriate); (d) safety deposit box locations; and (e) the names of your personal accountant, attorney, and physician.

Note that with the exception of item 26, your emphasis is to gather documents and other evidence of title. Assemble the above documents, and make three copies of each item plus an "index" of them all. One set of copies should be placed in your safe deposit box, the second set should be kept at home or in your office for convenient review as life, family and business changes occur. Both your will and that of your spouse should be reviewed at least once every five years or when there are estate tax law changes. The third set of copies should be placed with either your attorney or your accountant, both of whom will play an important role in your family's affairs, beginning at the moment of your death. Long before that moment, the two should be informed as to the extent of the responsibility that you intend to place upon them after your death.

T. E. F. R. A.

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September 23 RHEUMATOLOGY "Newer Advancement in the Treatment of Arthritis". Gary Gordon, M.D., Associate Professor of Medicine, Univ. of Pennsylvania School of Medicine. A PFIZER Visiting Fellow.

September 30 CARDIOLOGY "Angina Pectoris: Mechanisms and Management". Elliot M. Antman, M.D., Associate Professor of Medicine, Harvard Medical School. A PFIZER Visiting Fellow.

October 7 HYPERTENSION "Exercise and the Hypertensive Patient". Charles Tifft, M.D., Associate Professor of Medicine, Boston University School of Medicine. A PFIZER Visiting Fellow.

October 14 RHEUMATOLOGY "Differential Diagnosis and Management of Polyarthritis". Thomas Zizic, M.D., Associate Professor of Medicine, John Hopkins School of Medicine. A PFIZER Visiting Fellow.

October 21 INFECTIOUS DISEASE "Use and Abuse of Cephalosporin in Surgical Prophylaxis". Martin C. McHenry, M.D., Associate Clinical Professor of Medicine, Case Western Reserve University. A SMITH, KLINE & FRENCH Visiting Fellow.

October 28 CARDIOLOGY "New Developments in Arrhythmia Therapy". Barry Alpert, M.D., Electro-Physiologist, West Penn Hospital, Pittsburgh.

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From the Bulletin

FIFTY YEARS AGO — SEPTEMBER 1933

The great Depression showed signs of lifting. The N.R.A. (National Recovery Administration) of President Roosevelt's New Deal was having some effect on employment. It was unconstitutional but at least it was action, and it gave the people rope. Some of its provisions were "not to work for any accountant, banking, office, service or sales employee in any office, store or public utility for more than 40 hours a week and not to reduce the hours of any store or service to below 52 hours a week. Not to pay any of the classes of employees mentioned less than \$14.00 per week . . . the minimum rate for office help and janitors is 35 cents an hour."

From an article by James Birch: "For several years we have seen a steady decline in our income. A canvass of a large number of local doctors disclosed the fact that in spite of a marked increase in general employment, the doctors' incomes showed no improvement. It may be pertinent to ask: 'Where is the New Deal for the doctor?'"

President Harvey said: "A grave problem is the inadequate facilities for the care of the mentally ill. We must make an effort to provide a place more suitable than the county jail."

New members of the Society were: Raymond Hall, John F. Duliek, Andrew Miglets, and J. L. Scarnecchia.

FORTY YEARS AGO — SEPTEMBER 1943

Dr. George M. Curtis came here to lecture on the "Nature of the Blast Injuries." Fortunately no bombs were dropped on Youngstown during World War II but the Civil Defense Committee was active, holding frequent drills when Air Raid Wardens went around blowing whistles and tired doctors sat in blacked out school rooms while the sirens wailed.

Major S. D. Goldberg flew home from North Carolina and back the same day, just to have lunch with his family. Craig Wales was home from Texas to show off the new gold bar on his collar. Clara Raven was one of the first six women to be commissioned a captain in the Army Medical Corps.

Acting President Elmer Nagle wrote: "The grim realities of war cast their dark shadows across our paths and thwart us at each turn of the road. When this war is ended it is our sincere hope that we can return to the routine of prewar days."

A hundred of sweating it out in far distant places echoed a hearty "Amen!"

THIRTY YEARS AGO — SEPTEMBER 1953

A truce has been arranged in the Korean conflict but Congress renewed the doctor's draft law over the objections of the A.M.A. It made physicians liable to induction in the military service up to age 51.

Mrs. Oveta Culp Hobby, the new Secretary of H.E.W., said "Dependency on the Federal Government is one of the evils of our times."

The Health Exhibit Committee for the Canfield Fair under M. M. Szucs had 18 members of the Allied Professions lined up for exhibits next month.

Dr. Warren D. Coy died at the age of 81 after 50 years of practice. He was president of the Society in 1919, a skillful surgeon, philosopher and poet. He was a regular contributor to the *Bulletin* under the pseudonym "Uncle Dudley" and his book "Leaves of Life" was for sale at the Youngstown Hospital Gift Shop.

TWENTY YEARS AGO — SEPTEMBER 1963

Our Executive Secretary Howard Rempes had an interesting article on "Youngstown Physicians in the Civil War." There were eight who enlisted including both Timothy and John Woodbridge, Timothy at the age of 52

years. Seven came back alive but Thomas Shannon was killed in the battle of Winchester. His body lies in Oak Hill Cemetery and his name heads the list on the monument in Central Square.

The Athletic Injuries Committee sponsored the first conference on prevention and treatment for high school personnel at the Boardman Junior High School. Participants in the program were Asher Randall, George Cook, Michael Vuksta, Robert Parry, Arthur Nicolette (D.D.S.), Fred Schlect, W. H. Charlebois and James Gordon.

Willard Webster, Professor of Biology at Y.S.U. spoke on "Protective Taping." J. A. Altdorffer was committee chairman.

Seventy-three of our members were affiliated with the Chamber of Commerce.

TEN YEARS AGO—SEPTEMBER 1973

Editor Bill Moskalik was concerned about inflation: "most of us realize that it can't go on indefinitely . . . this constant raising of prices and wages." Office visits then were about \$10 to \$12. Congress was voting itself another salary increase, this time amounting to 25% . . . and still it goes on.

Speaker for the September meeting was Dr. Stanley S. Peterson, President of the American Federation of Physicians and Dentists. Dr. Peterson told the members about the newly formed medical union, AFD. He stated that the Union's purpose was to stand up to third parties and demand that they "cease from measures that are contributing to the deterioration of medicine by hampering the physician's judgment in treating and prescribing for his patients". Dr. Peterson stated that the Union would not strike by withholding services to the patients.

Dr. John Allgood passed away. He was a much-loved family physician, in New Middletown, Ohio, who lived a colorful life.

There was no Smallpox, no Typhoid, and no Polio, but Gonorrhea was rampant.

—Robert R. Fisher, M.D.

WILLIAM J. FLYNN, M.D.

1914 - 1983

Dr. William J. Flynn, 68, died Saturday, July 30, of complications following a stroke. He had been ill for five years.

A noted cancer specialist and surgeon, Dr. Flynn was born in East Palestine, Ohio. He received his bachelor of arts degree from Western Reserve University and his medical degree from Georgetown University of Medicine in 1942. He served an internship at St. Luke Hospital in Cleveland, was a surgical resident at the Air Force Regional Hospital in Madison, Wisconsin and, in 1946 he came to Youngstown as a surgical resident at YHA, where he also served a residency in pathology in 1949 and 1950. He also did additional work at Sloan-Kettering Cancer Center in 1951 in a surgical residency, as a fellow in head and neck surgery.

Dr. Flynn was the director of the head and neck surgery department of YHA, assistant clinical surgery professor at Case Western Reserve University medical school, was visiting surgeon at St. Elizabeth Hospital and was associated with NEOUCOM.

He was a fellow of the American College of Surgeons and Academy of International Medicine, a member of the American Cancer Society and the commission on cancer of that Society. He was elected to an honorary life membership in the National Cancer Society in 1968. Other memberships included: the local Medical Society, Ohio State Medical Association and the American Medical Association.

Dr. Flynn was associated with Dr. John J. Turner and Dr. Karl F. Wieneke, and for years with Drs. G. Gordon Nelson and A. Earl Brant, prior to his retirement from active practice.

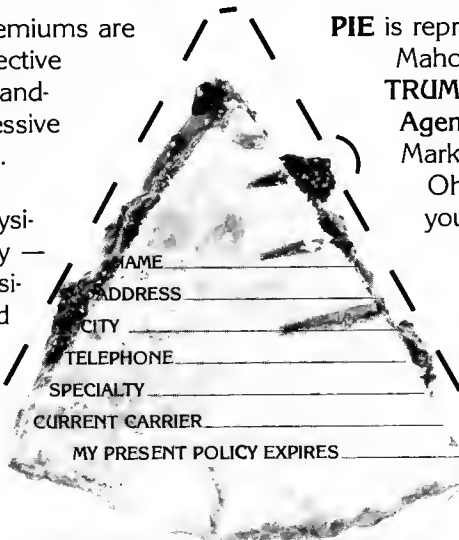
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SURGEONS	Ophthalmology, GP/FP	2,320	928	3,432	2,125	2,309
	Gynecology, General	5,065	2,050	5,980	3,770	2,635
	OB/GYN, Plastic	6,994	2,691	7,176	4,524	2,015
	Thoracic, Orthopedic, Cardiovascular	8,059	3,106	9,568	6,032	4,435
	Neurology	8,100	3,106	9,568	6,032	4,394
	Urological, Geriatrics	3,403	1,720	3,432	2,125	433

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REVISED PROTOCOL

Last year was the fifth highest year on record for LaCrosse (California group) encephalitis in Ohio, with 37 cases documented. Nationwide, there were 130 California group cases, the third highest year on record. In contrast, 1982 was one of the lowest years since 1975 for St. Louis encephalitis (SLE) with only 34 cases reported nationwide, and none in Ohio. A retrospective evaluation of SLE outbreaks (1) found a significant association with warm, wet January, cold April and warm May temperatures. Ohio weather for 1983 has fulfilled only 2 of these 4 criteria, hence, an SLE outbreak is not probable for 1983.

The recommended procedure for arboviral diagnosis has been revised. For 1983, it is suggested that an ACUTE SERUM BE SUBMITTED IMMEDIATELY. IF ANY CSF IS AVAILABLE, PLEASE SUBMIT THAT WITH THE ACUTE SERUM. THE CONVALESCENT SERUM, DRAWN ABOUT 3 WEEKS POST ONSET, SHOULD FOLLOW. In 1982, a majority (71%) of the Ohio LaCrosse patients were found to have positive titers in the acute serum using the neutralization test (Nt). On receipt of the single acute serum, the LaCrosse and SLE neutralization tests will be performed immediately, in hopes of obtaining a "possible" diagnosis earlier than usual. When the convalescent serum arrives, the two samples will be run in parallel by Nt and hemagglutination inhibition to check for a 4-fold change in titer.

The Centers for Disease Control (CDC) are evaluating an IgM-antibody capture ELISA test for rapid diagnosis of arboviral infection by checking CSF collected in the acute stage of illness for antibodies. They would like 0.5 ml of CSF, but can use as little as 0.1 ml for this assay, from suspected arboviral cases. To assist in this evaluation, we ask that if any acute CSF is available, it be forwarded to the ODH Lab with the acute serum. We will forward the CSF on to the CDC for immediate evaluation.

The serum specimens (2-5 ml) and CSF specimen (± 0.1 ml) for arboviral *antibody* assay may be shipped without refrigerant by regular mail to: Virus Serology, Ohio Department of Health Laboratory, P.O. Box 2568, Columbus, Ohio 43216. Dry ice is not necessary for shipping these serologic specimens. There is no charge for arboviral testing (no fee stickers required). Questions pertaining to HI testing and shipping may be directed to Deb Lambourne at 614-421-1078, Extension 66. Other questions regarding the neutralization test or CSF procedures should be directed to the Vector-borne Disease Unit at 614-421-1078, Extension 70.

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